

CROSSCARE CHRISTMAS  
APPEAL

**Help us help  
Families**

*Support our appeal to end food poverty*

**DONATE ON LINE AT [WWW.CROSSCARE.IE](http://WWW.CROSSCARE.IE)  
OR CALL 01-8360011**



# Crosscare Food Services

This Christmas we really need your help for hundreds of families who struggle to get nourishing food.

We work with families to help them out of food poverty and crisis situations. We help with budgeting, healthy eating, housing and welfare to support families in the long term. We provide urgent support through our Foodbanks & Community Cafés.

This year, as we cannot hold our parish food appeal, we are asking for your financial support to help us help them.

Please donate if you can at [www.crosscare.ie](http://www.crosscare.ie)

or

Call 01 8360011

